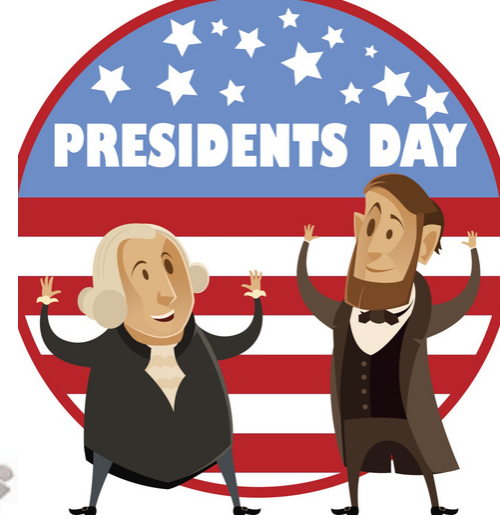


FEBRUARY 2022



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SCSEP CONNECT



FEBRUARY 21ST
SCSEP OFFICE CLOSED
IN OBSERVANCE OF
PRESIDENTS DAY

HIT YOUR EMPLOYMENT TARGET THE KEY: NETWORKING

Everybody should network as part of their career development. Building connections with people in and out of the workplace is a good way to find more job opportunities and advance.

A network is valuable to older workers, particularly for those who haven't been working but are looking to get back on the job. If you're looking for advice to get back into the workplace, these strategies can help you leverage and build your network and find an easier way back to work.

- It's not just your peers who can be part of your network; all generations of people in your life can refer you to job opportunities and serve as references. Speak to your entire personal network—friends, neighbors, family.
- Cast a wide net. Right or not, age discrimination is a workplace problem, so increase your odds by putting in as many applications, or reaching out to as many contacts, as possible.
- Maintain your relationships with past professional contacts. Even if it's just a quick phone call or email to catch up, it strengthens the personal bond that can be a big influence when it comes to who to refer to certain open positions.
- Follow up with new contacts, just to show gratitude and appreciation.

for more networking tips: <https://www.goodwill.org/blog/career-and-financial-advice/networking-strategies-for-older-workers-returning-to-the-job/>

Free Confidential Memory Screenings being offered during February and March

Feb. 10	Hale County
Feb. 18	Greene County
Feb. 22	Bibb County
Feb. 24	Fayette County
Feb. 25	Tuscaloosa County

***** Lamar and Pickens County to be announced *****

A MEMORY SCREENING IS A SIMPLE AND SAFE "HEALTHY BRAIN CHECK-UP" THAT TESTS MEMORY AND OTHER THINKING SKILLS.

call 205-333-2990 for more information



National Memory Screening Program is an initiative of: Alzheimer's Foundation of America

www.alzfdn.org 866-232-8484