

# PANDA PROJECT NEWSLETTER

PROVIDING ALZHEIMER'S 'N DEMENTIA ASSISTANCE

BY TAYLOR FISHER

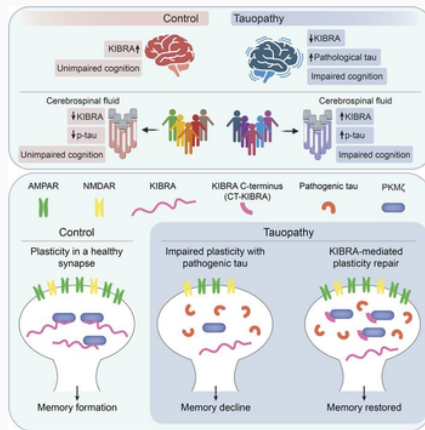
Dementia causes a group of symptoms that affect memory, thinking, and social abilities due to changes in the brain. Alzheimer's is the most common type of Dementia.

## Encouragement to Start Your Day

In every Alzheimer's story there is also a love story. Hold onto yours, for it can carry you and your loved one through the longest days and darkest nights.

-Rosalys Peel, Mike & Me

## Recent Dementia News



### Scientists discover a potential way to repair synapses damaged in Alzheimer's disease

"Our work supports the possibility that KIBRA (protein found in the kidney and the brain) could be used as a therapy to improve memory after the onset of memory loss, even though the toxic protein that caused the damage remains."

<https://www.sciencedaily.com/releases/2024/02/240201121846.htm>

## In-office News

PANDA is gearing up to read books in elementary schools about Dementia for the agency's 3rd year in a row! These books teach children what Dementia is and makes Dementia less scary for the children. Several agency staff get to participate and always have sweet stories to share.

PANDA recently received an email from a caregiver thanking the program for all that it has done for them by providing items for their loved one and education/support for them as the caregiver. The caregiver said it helped them through the journey. It is always a joy to hear from caregivers that support has made an impact in their life!



## Event Recaps

The PANDA Project Presented about Dementia several times during the month of February. PANDA spoke at the Boligee Senior Center about ways to stay brain healthy, and The Purple and Red Event with United Purposes in Greene County about brain and heart health. PANDA also spoke at Hale County Middle School to the students about Dementia and how in the future they could support people with Dementia. Contact us if you would like PANDA to speak at your organization or church!

## Upcoming Events

PANDA is speaking about Dementia at Chapel Hill Baptist Church and Presbyterian Apartments on March 19th and 20th.

Save The Date: Alzheimer's Foundation of America is partnering with PANDA to speak to professionals and caregivers about Dementia on May 8th, 2024! More information coming soon!

## PANDA Continues to Grow

To Date, PANDA has enrolled 87 Persons with Dementia and 66 Caregivers on the program.

## Dementia Supportive Item Spotlight

**Digital Reminder Clock**  
Not just alarm settings, This digital wall clock with day and date for elderly comes with reminders for medications and drinking water; You can also custom 10 more messaging reminders for school kids or memory loss elderly parents.

<https://a.co/d/cSJkq2s>



## LOCAL RESOURCE SPOTLIGHT

### SenioRx Prescription Assistance

SenioRx is a Prescription Drug Assistance Program that helps individuals apply for and receive free, name brand medications from pharmaceutical company programs. The goal of SenioRx is to reduce economic stress to low-income individuals who are facing financial hardships due to the high cost of prescription medication.

<https://www.westalabamaaging.org/seniorx>

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