ISSUE III JANUARY 2024

LORESHE

PANDA PROJECT NEWSLETTER

PROVIDING ALZHEIMER'S 'N DEMENTIA ASSISTANCE

Encouragement to Start Your Day

"Dementia teaches us to appreciate the present moment and find joy in simple pleasures." -Unknown



Recent Dementia News



A better way for dementia patients to have safer hospital care through easier access to medical records "Cedars-Sinai investigators are using electronic health records to identify hospitalized patients likely to have dementia. The method they developed, detailed in <u>a study</u> published in the Journal of the American Geriatrics Society, is designed to help medical staff tailor care to best serve these patients."

medicalxpress.com/news/2024-01-flagging-dementia-patients-hospital.html

In-office News

- 1. A PANDA caregiver reported how much their parent loved their reminder clock and how it made them feel calmer to know the date and time whenever they wanted and without having to ask!
- 2. Be on the lookout for our new PANDA stress ball and other marketing items!







Event Recaps

PANDA in the press Be on the Lookout for a PANDA news release in your area!

Upcoming Events

Presentations coming soon to certify local businesses in becoming dementia friendly, a state initiative to help those with dementia maintain their independence in the community in partnership with other organizations. Schedule your presentation today!

PANDA Continues to Grow

To date, the PANDA project has enrolled 80 persons with dementia and over 59 caregivers.

Dementia Supportive Item Spotlight

This reusable watercolor activity can help persons with dementia keep their brains active and let them concentrate on one thing; At the same time, bright colors can attract the attention of the elderly, and can be applied as a topic for the elderly to recall the past.



LOCAL RESOURCE SPOTLIGHT

The Alzheimer's Association

Alabama Chapter is the premier source of information and support for Alabamians living with dementia and their families and caregivers. Through its statewide network of offices, the Alzheimer's Association offers a broad range of programs and services, including a 24hour Helpline, at no cost to families; funds advancements in research to prevent, treat and eventually conquer this disease: and advocates on behalf of Alabamians on related legislative issues, and with health and long-term care providers. <u>alz.org/al</u> <u>800.272.3900</u>

How to contact PANDA: call Taylor Fisher at 205-333-2990 ext. 289 or email taylor.fisher@westal.org

www.westalabamaaging.org/pandaproject