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GOVERNOR

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November 21, 2023

To: Nutrition Coordinators

From: Andrea Carter, MS, RDN, LD  
Carol Bush, RDN, LD  
Bobbie Morris, RDN, LD  
Keyanna Kinloch, RDN, LD

Re: Winter FY24 Menu Materials

The Winter FY24 Menu Materials are attached for you to duplicate for Senior Center Managers. We are pleased to work with TRIO to bring in new menu items and continue to improve senior's meal experience. ADSS continues to work daily with TRIO to resolve issues related to problems with food delivery and food quality/quantity. Please continue to notify us of any problems that need our input.

When planning menus, we will continue to utilize menu comments we receive from centers. However, the final menus result from production feasibility, nutritional requirements of the Older American's Act, and product availability for each planned menu.

We have taken feedback from centers and worked with TRIO to include a meatball sub sandwich, a breakfast meal, and a chili side on the hotdog meal. New to the menu is a pork carnitas that is excellent on tacos. Also, the chicken/sausage jambalaya meal may be used as a theme menu on Mardi Gras. As always, please encourage the senior center staff to refer to the serving guides before plating meals and continue to provide feedback.

The Winter menus are printed on blue colored paper. If you have the resources to accomplish this, then please do so. If you have any questions, please contact Andrea Carter at 334-242-5788, Bobbie Morris at 334-353-8320, or Keyanna Kinloch at 334-328-7752.

Thank you for all you do to get our seniors fed!

Sincerely,  
The ADSS Nutrition Team

cc: Mandy Patrick  
William Sallustro